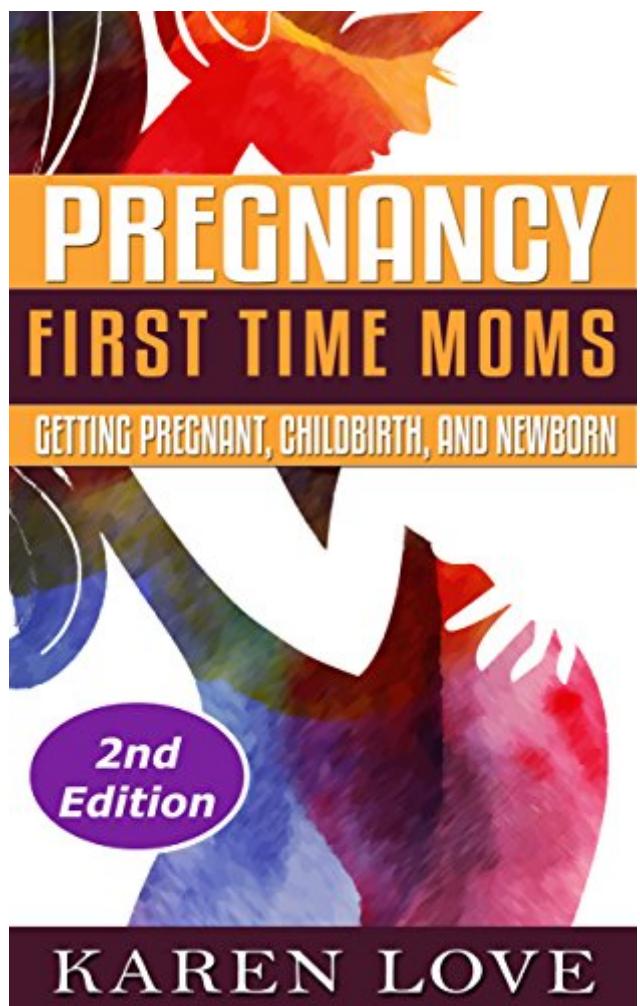


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# Pregnancy: First Time Moms- Getting Pregnant, Childbirth, And Newborn (first Time Mom, Pregnancy, Newborn, Childbirth, Obstetrics, Parenting, Motherhood)



## Synopsis

Are You a First Time Mom and Want to Know What to Do? Start Here! <sup>^</sup> Read this book for FREE on Kindle Unlimited ~ An Amazing Bonus Right After The Conclusion! <sup>^</sup>Are you ready to start your family and want to go about it in the most healthy and quickest way? When you download Pregnancy: First Time Moms- Getting Pregnant, Childbirth, and Newborn, your journey will be made that much easier and more efficient! You will discover the first and most important steps to introducing a new member to your family. This essential guide help ease the complexities of making a baby and having a newborn by giving you proven and studied techniques. You'll be happy you downloaded this a year from now as you will learn dynamics from healthy conception and healthy childbirth. Within this book's pages, you'll find the answers to these questions and more. Just some of the questions and topics covered include: What should I be doing before conception that is very important? What are the ways to get pregnant fast? Keys to a Happy and Healthy PregnancyWhat are the things to focus on to help me have a happy, healthy labor? What to Expect: Bringing Baby Home and the First 6 WeeksThis all inclusive guide directs you from everything from getting pregnant to the first 6 weeks with your baby. It starts from the very beginning of conception, so you can get pregnant fast and healthy! Download *Pregnancy: First Time Moms* now to help with your pregnancy! Hurry!! Scroll to the top and select the "BUY" button for instant download.

## Book Information

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## Customer Reviews

This book is a great overview of what pregnancy is: before and after. It's a good guide to enter this amazing world, but if you want some details, it's not enough about pregnancy. Also, I like that this book gives you a high level overview from thinking about getting pregnant and taking to steps to prepare your body to make as healthy a baby as you can, all the way through after the baby is born. This book provides some important information about food to be followed during pregnancy, which foods to avoid or consume the right amount, type of food that benefits the baby, and suggestions of what to do when the baby is born and, the concerns of the baby and take him to the doctor and tips on how to feed and load. It goes into detail with some things you think might be common sense but yet you would overlook like making sure your prescriptions, medications and vitamins that you have always taken are now compatible with being pregnant. This is a very informative book, though a concise piece of work. I would recommend it for anyone who first time pregnant, and wants to receive positive information on her journey.

This book was a quick read that was refreshing in that it did not overwhelm you. So many people out there, including family members, think they are experts in all things pregnancy so it can be daunting to wade through all the information while not being scared half to death. I like that this book gives you a high level overview from thinking about getting pregnant and taking to steps to prepare your body to make as healthy a baby as you can, all the way through after the baby is born. It goes into detail with some things you think might be common sense but yet you would overlook like making sure your prescriptions, medications and vitamins that you have always taken are now compatible with being pregnant. This is one of several areas pointed out that I would have never thought of but yet seem so obvious after you read. This book gives you just enough information that you can retain and then you go to more in depth books for specific questions and research.

I can really recommend this book! It's just one thing I don't like and that is the part of a pregnant fast •, for me it took several years, even with doctors, so that part isn't always true and should be exposed carefully. But everything else with this book is great! It's very well written and informative on every possible thing regarding pregnancy. It provides a lot of useful and detailed tips

on how to eat, train, what to think more about, what to expect, even advices on how to think while decorating my baby's room, and more.. It's both comforting and professional. Thank you so much for this book, I learned a lot!

Being pregnant is not an easy thing as what others says. To become a mother is one of the hardest tasks someone could have. This book had enumerated all the necessary things a woman could do during pregnancy, childbirth, motherhood and nutrition itâ™s a jam packed of information. I got some important learningâ™s after reading the book. Good book!

There is no doubt being mom for the first time seems is difficult and frightening also. This book includes everything from dos before conception to bringing baby home and caring for the first six weeks. There are the most proven and studied information regarding conception, pregnancy, and new born that helps to be mentally prepared for anything that labor and delivery can throw at a new mom. To say frankly, it is an excellent and well planned guide line that must be helpful through the way of being a mother as well as meeting a new people.

This is a very helpful guide. This book is a great overview of what pregnancy is: before and after. Itâ™s a good guide to enter this amazing world, but if you want some details, itâ™s definitely not enough. It was an easy read so it was on! And the chapter about nutrition was very helpful. This kind of books are one of the most importants steps that you can do before and after having your baby, inside are a lot of advices that you can apply in this special moment in your life. This book is so cheap in compare with another ones and the content is excellent! This book was really helpful for her and very great gift. Is amazing because it guide first time moms to see what's going to come and how to handle it. Overall, it's a great useful and helpful book. I highly recommended.

At the time of my wifeâ™s pregnancy I purchased this book to learn some advance knowledge. This is the most fascinating part of being a woman and proof of life's existence having to give life to a baby. All chapter of this book are well organized and guidelines are easy to understand. This book describes some valuable information about childbirth, motherhood and nutrition. This book has provided a vivid description of what women go through during pregnancy, it has also provided useful advice and ways women can cope and deal with the intricacies of pregnancy. If you are planning to have a baby I strongly believe you should get a copy of this book. Special thanks to the author.

I'm really surprised that this book gets such good reviews. It's not in any way bad, per se, but it is very short and only a brief overview of pregnancy. It is only about 80 pages of text, and some of the "chapters" are literally 2 1/2 pages long. It's really more of a booklet than a book. My fault that I should have noticed the small number of pages. Again, it's not bad in terms of the information, but it is so general that I'm not sure how helpful this is. Most of the info can easily be found on the internet. The Mayo Clinic guide is several times more informative and detailed. I'm really surprised that some reviewers called this book "helpful," "informative," and a "must-read."

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